



### NOTES FROM THE CHAIR

A few years ago I went on a coach holiday to Llandudno on my own, I am after all a very confident person, I could do this. It was the first time in my life that I had ever gone away knowing absolutely no-one and it was to be one of the loneliest seven days of my life. There were some very nice people on the coach and I have since kept in touch with one couple who have become very good friends. At the time we were complete strangers and they had their own holiday agenda, which didn't include waifs and strays. It was a hard lesson and one that so many of us undertake when we find ourselves "single" after many years of being part of a couple. When Tim Cockerton, our Social Secretary ventured into holidays as well as days out it was a godsend. This meant that with many of my u3a friends on the coach I wouldn't be with a lot of total strangers and so I immediately put my name down for Aberfoyle – twice. Then came Llandudno and initially I was unsure but decided I needed to lay ghosts, after all my situation wasn't the fault of the resort, in fact it was a lovely place so I went. That holiday, last month, has to have been one of the best I have been on. Not the place, though as I said it is a lovely resort, not the hotel, it was good but I've been in better, no, it was the company. I can't remember laughing so much for such a long, long time and just to add to the ambience the weather was perfect. My bad memories of Llandudno have now gone away and if I never return, though I hope I might, it will be with enthusiasm and not trepidation. Just for the record I also thoroughly enjoyed Aberfoyle because I was with people I knew. Thank you Tim for the hard work you put into organising the holidays and days out. I know I'm not the only one in a similar situation and what a difference it can make to know that you can go away and although you are alone you don't have to be lonely.

*Margaret Sisson*

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Hello my name is Jayne Horner and I was introduced by Margaret, at the last meeting, as a candidate for taking over as Chair in October when Margaret stands down. If I am nominated I won't be at that meeting as I will be enjoying myself on holiday in Scotland (someone's got to do it).

I have lived in the Grimsby/Cleethorpes area all of my life. I trained as a secretary and worked in various places that you may remember. Britannic Assurance Company down Dudley Street, Ross House on the docks, North Thoresby and Immingham. I worked my way up from Clerk Typist to Senior Administrator, Packaging Technology Manager and lastly Marketing Assistant for a construction company. I retired early to take care of my Dad and since he passed away I have enjoyed myself. I am a volunteer receptionist for St Andrews Hospice as well.

I have been a member of a committee before, starting as minute taker and ending as Chairlady of the Quilling Guild UK (spanning 14 years).

I started coming to U3A meetings about a year ago and became a full member at joining time and have enjoyed it very much. I look forward to seeing you at the June Meeting.

*Jayne Horner*



## GLENDA DAVIS AND THE BOARDGAMES GROUP- Glenda

We were very sad to lose Glenda from our group. She was always up for anything we played and especially enjoyed games where she got to blow things up or beat up the other players ;o) There was lots of laughter whenever she was there and we've re-named the group 'Glenda's Boardgames Group' in her memory.

*Fergus Campbell*

## MUSIC APPRECIATION.

We tend to listen to short pieces of "classical music". We enjoy an exchange of news over a tea/ coffee. We would welcome new members at our fortnightly meeting on Fridays from 1.30 - 3.30, in Tesco community room. In June our first meeting is on the 6<sup>th</sup> June

Do come and give it a try.

*Leslie Watchorn*

## BEGINNERS GUITAR

The group have split into two. Group one, who have been meeting for some time now, will meet on the second and fourth Wednesday of each month at 12 noon.

Group two, complete beginners, will meet at 1 pm. on the same weeks.

Both groups will meet in Tesco community room.

Group one will progress with both melody line playing and chord accompaniments.

Beginners for group 2 are very welcome, where we will start from the very beginning.

Should you have further queries, please contact the group leader.

*Leslie Watchorn*

What did the farmer say to his cows at night?  
"It's pasture bed time"

I found a book called "How to solve 50% of your problems".  
So I bought two.

## OPEN DAY

As a condition of the grant we received for our Open day, I have to send a feedback report on how we spent the money and the success of the event. Did any of you happen to take any photos I can include? If so I would be grateful if you could send them to me

*Janet Parrott*

## u3a CINEMA, CONCERTS & THEATRE GROUPS

It's been a while since any of us organised anything and I thought maybe we could get things going again with the next Caxton production - a comedy called Spirit Level. We can get a discount on Monday tickets which I'm happy to book for us at £9 each.

Let me know if you'd like to come and if you need to be seated on the front row as I know the stairs are a challenge for some. When replying, use Reply to Sender if you can - saves everyone getting everyone's messages.

Remember that any of us on this list can suggest an event - it doesn't really need to be 'organised', just see if anyone else is interested. You can also unsubscribe from the list using the link that's somewhere on this message.

*Fergus Campbell*

**u3a TRIP TO LLANDUDNO**  
**14<sup>th</sup> May to 18<sup>th</sup> May 2025**

Our trip to Llandudno was a great success. There were 37 of us who travelled there. The weather was warm and sunny and it could not have been better. The meals and accommodation and travelling were excellent.

Llandudno is a lovely place to visit and there is much to see. All of us enjoyed the company of one another and there was a very enjoyable show in the *evening*

*Barry Haden*



Train we were sent on



Train we should have gone on



Train we were sent on

## MIDSUMMER PICNIC

**When** - 19 June 12.30 - 4 Come any time.

**Where** - The u3a picnic will once again be held in the garden at Sandycroft in the layby opposite Laceby Morrisons. DN37 7DY Look out for the u3a bunting.

### How to get there

Car - plenty of parking in the layby. 🚗

Bus 3 and 4 every 10 mins to Morrisons. 🚌

Bus 11 approx hourly from Waltham and town

Humber flyer approx every 90 mins.

### What to bring.

Picnic, (Morrisons sell sandwiches) 🥪

Plate, drinking cup. (Self service hot and cold drinks will be available). 🍷

Chairs if you can manage though several are available.

Tables if you can easily bring one.

Sun hat, warm clothes, blankets, waterproof clothing, wellies. Check the forecast.

### Weather?

There will be gazebos, a garden room, covered areas and a garage to shelter in if it showers, and you are happy to sit under cover in the rain. The garden will be open and we will be happy to accommodate you in any weather if you don't mind. ☁️

All areas are accessible including washroom. ♿️ 🚻

### Entertainment

Ukulele group, swing ball, naff croquet, boules are available any other games anyone cares to bring along, and jolly conversation with one another.

Hope to see you all there.

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## U3a TRIPS AND HOLIDAYS

There are three places left on the trip to the Great Yorkshire Show on 10/7/25. Cost £45.

There are no places available on the trips to the North yorkshire moors/Whitby on 1/9/25 and Grassington on 6/12/25 and names have been taken on each in the event of a cancellation.

PAYMENT is now due for the trip to Whitby £45 and Grassington £29.

### COACH HOLIDAYS

Cairngorms-Monday 26/1/26-Friday 30/1/26 £199 for sharing a twin or double.

We currently have 34 members and friends booked to go on this holiday. We will be stopping at the Duke of Gordon Hotel in Kingussie, including dinner bed and breakfast.

There will also be evening entertainment. At least two trips will be included in the price.

The coach will be exclusively for our use and there will be no more pickups after us.

The journey will take longer than the trip to Aberfoyle ,as we are travelling further North.

If members have non u3a friends who wish to go they are welcome if we have room on the coach.

### 2026 COACH HOLIDAY-ANNUAL SPRING OR EARLY AUTUMN BREAK

Could you please let Tim Cockerton Know if you would like to go on one or more of these trips. The one with the most demand will be chosen. The cost of the Trip to Tenby(Wales) will be no more than £375 in May/June. Cost of the other two trips-to be advised-but will be more than Tenby.

- 1) Tenby (Wales)
- 2) Isle of Man
- 3) St Ives (Cornwall)- Need good legs and plenty of puff.
- 4) Your choice.

More detail in a handout at the Memorial Hall meeting on Thursday 5/6/25

## I.C.E. (In Case of Emergency)

Unfortunately while we were away in Llandudno one of our members had a bad fall and once again in Committee we discussed the situation of notifying next of kin in the event of an accident or God forbid someone dying. This incidentally is something that can happen to anyone and isn't exclusive to our age group and the necessity to inform someone close to the victim is very important especially if that person is travelling alone. We have asked in the past that people carry this information when attending groups but now we would like you to consider carrying it all the time. Just a contact number and that person's relationship to you is all that is needed. You can carry it on your person on a slip of paper and/or you can put that person's number in your phone under contacts but instead of their surname put ICE and under company their relationship to you, but remember that if you are unconscious access to your phone may be difficult. This is something we should all carry regardless of whether or not we are away as it makes life so much easier for emergency workers. Also, if you are away and on medication it is a good idea to carry an old prescription or a list of medication and dosage. You don't need to put down why you are taking them, the medical people recognise the drugs. We are now putting together a small first aid pack which will be carried in future on trips and available at main meetings.

*Margaret Sisson*

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## Memories of the u3a Llandudno Trip

